

Oat Crackers with Cheese and Pickles

3 ingredients · 5 minutes · 2 servings



Directions

1. Divide all ingredients onto plates or into containers. Enjoy!

Notes

No Oat Crackers

Use whole grain or seed crackers instead.

Dairy-Free

Omit the cheddar cheese and use hummus or a nut-based cheese instead.

Storage

Refrigerate in an airtight container up to 5 days.

Ingredients

- 1 3/4 ozs Oat Crackers
- 1/8 oz Cheddar Cheese (sliced)
- 1 1/3 ozs Baby Pickles

Nutrition

Amount per serving

Calories	339	Cholesterol	56mg
Fat	23g	Sodium	723mg
Carbs	19g	Vitamin A	704IU
Fiber	2g	Vitamin C	0mg
Sugar	0g	Calcium	402mg
Protein	15g	Iron	1mg