

Crackers & Avocado

3 ingredients · 10 minutes · 2 servings



Directions

1. Mash the avocado onto the crackers and sprinkle with salt and pepper to taste. Enjoy!

Notes

Make it Paleo

Use grain-free flax crackers instead.

More Protein

Top with hemp seeds, sliced hard boiled egg, or smoked salmon.

Ingredients

100 grams	Whole Grain Crackers
1/2	Avocado
	Sea Salt & Black Pepper (to taste)